



SACRED HEART RC PRIMARY SCHOOL

PSHE and Citizenship Policy

Sacred Heart Roman Catholic Primary School and Nursery is just like a family, where everyone is welcomed, respected and cared for and where LOVE is at the heart of everything we do:

Learning and living by Jesus' example in the Gospels.

Offering a safe, healthy and stimulating environment in which to grow.

Valuing and respecting everyone including our wider community.

Empowering children to achieve and meet life's challenges.

Mission statement:

Sacred Heart RC Catholic Primary School is an inclusive, vibrant, Catholic community school. Our mission statement captures the mission of our school which is;

Learning to love, Loving to learn – Loving God, Loving each other, Loving learning.

The children are introduced to Sacred Heart's learning powers from the beginning of their education. The learning powers spell out SHEART, which are;

- Share
- Have a go
- Enjoy Learning
- Always improving
- Resistance
- Thinking

Aims and objectives

At Sacred Heart RC Primary School, Personal, Social and Health Education (PSHE) and Citizenship aims to support the schools vision, mission and value statements. This will enable children to acquire knowledge, skills and understanding they need to lead confident, healthy and independent lives and to become informed, active and responsible citizens in a rapidly changing world. Children will be encouraged to develop a sense of worth by playing a positive role in contributing to school life, the parish and wider community. They will learn how society is organised and governed and experience the process of democracy in school through the school council. We provide opportunities for children to learn about rights and responsibilities and appreciate what it means to be a positive member of a diverse society, following the teachings of Jesus.

Our aims are to up hold the values of our school which will enable the children:

- To recognise their own worth, work and play well with others and become increasingly responsible for their own learning.
- To respect others and form good relationships with everyone in the school and wider community.
- To understand our common humanity, diversity and differences.
- To know and understand what constitutes a healthy lifestyle.
- To develop safety awareness.



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- To develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.

Teaching and Learning

The content of the PSHE curriculum includes learning outcomes based on the Caritas in Action material published by Salford Diocese which focused on the social aspect of faith. Every year group will work on a common theme across each half term which is supported by mental health emotional well-being activities for KS2. In the Summer Term, SRE (Sex and Relationship Education) will also be taught using a prescriptive programme which focuses on positive relationships and self-image within a Catholic framework. Within each year group, we complete circle times using the weekly statements to live by. A range of teaching strategies and learning styles are used in delivering PSHE. These include:

- Circle time activities and class discussions.
- Prayer and worship activities
- Reflection.
- Role-play and drama.
- Visits and visitors when appropriate.
- Time allocated in the classroom for lessons to be taught.
- Class teaching and group work.
- Whole school focus through anti bullying day themes.
- Religious Education
- Statutory elements of the Science curriculum.

The long term subject overview outlines the focus for PSHE provision in each half term. It ensures there is comprehensive coverage and progression across the year groups.

We will encourage the children to take part in a range of practical activities to promote active citizenship, for example charity fund raising, the planning of special school events such as an assembly or open day, or involvement in an activity to help other individuals or groups who are less fortunate than themselves. Children have opportunities to meet and work with members of the community, such as volunteers, police and representatives from our church, whom we invite into the school to talk about their role in creating a positive and supportive local community. Children will also take on different roles of responsibility during their school life. We will teach children the value of reflection in helping them to understand their spiritual, physical and moral development.

PSHE and Citizenship curriculum planning

We also develop PSHE and citizenship through activities and whole-school events e.g. the school council representatives from each class who meet regularly to discuss school matters, Key stage 1 and Key stage 2 visits to church and each year group participating in annual school trips. We offer a residential trip in Year 6, where there is a particular focus on developing pupils self-esteem and giving them opportunities to develop leadership and co-operation skills.

In addition as an eco-school we promote education for sustainable development. Through our teaching and eco projects we help our pupils develop the knowledge, skills and values to enable them to be active global citizens and create a more sustainable society. We work together locally and globally to improve the quality of life now without damaging our planet.



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In the foundation stage Personal Social and Emotional Development (PSED) is one of the prime areas of learning in the revised Early Years curriculum alongside Communication and Language and Physical Development. These three areas are particularly crucial for igniting children's curiosity and enthusiasm for learning, and for building their capacity to learn how to form relationships and thrive. The learning intentions within PSED will help children to develop a positive sense of themselves and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups and have confidence in their own abilities. Another resource used is the Dinosaur school material and their friends programme which a key focus is using the puppets Molly, Wally and Dina to model various scenarios. Children are then given the opportunity to discuss and respond to this. These materials focus particularly on the development of positive social and emotional skills, the reinforcement of school rules and exploration of feelings.

Teaching PSHE and Citizenship to children with special needs

At Sacred Heart RC Primary, we teach PSHE and Citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of all children, including children who are gifted and talented. If a child has an 'Individual Education Plan' (IEP) the targets set will be taken into account when teaching PSHE and Citizenship.

Education for Personal Relationships is taught through the scheme 'Statements to live by' which is recognised by the Catholic Diocese. This scheme covers all year groups from Reception to Year 6 and has as its foundational premise the belief that we are made in the image and likeness of God.

Assessment and Recording

Assessment needs to value and recognise what pupils have done or completed successfully, thereby raising self-esteem.

Children's understanding, knowledge and skills are assessed through observation, discussion, questioning and participation in groups. Children will be involved in self-assessment e.g. talking about their own experiences.

Children's successes and achievements will be reported and recorded in a variety of ways. For example:

- House points
- Individual class rewards
- Letters and postcards home
- Phone calls home
- Dojo Points

Teachers will evidence their PSHE work through photographs and children's responses. They will be updated regularly on a power point for each year group.

Resources

- Statements To Live By
- Caritas In Action
- Assemblies
- The 5 ways to wellbeing (KS2) and Emotional Literacy
- Stirling wellbeing scale (KS2)



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- 'Come and See' teaching resource

Monitoring and review

The PSHE and Citizenship Co-ordinator is responsible for monitoring standards of children's work and the quality of teaching. This person supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject. Strengths and weaknesses in the subject and areas for further development are discussed with the head teacher and colleagues whilst being part of the general review programme listed in the School Development and Improvement Plan.

PSHE is on the two year assessment and monitoring cycle and feedback will be given to all staff and the governor responsible for PSHE and Citizenship.

Date: June 2017

Review Date: June 2019